

## Volunteer and Kind Activities for Kids and Families

- ✓ Set up a lemonade stand in your neighborhood with all sales donated to your favorite charity.
- ✓ Contact your local nursing home or veterans facility and ask about ways your family can participate with their residents.
- ✓ Purchase TKC's Cards for Kindness and have a family night coloring and making cards for the designated charities.
- ✓ Call your local food pantry and get a list of items that you can donate to them.
- ✓ Organize a neighborhood garage sale with all proceeds directed to charity.
- ✓ Offer to do garden work for a neighbor who may not be able to do it him/herself.
- ✓ Bake cookies and drop them at the fire or police department with a card thanking them for keeping your town safe.
- ✓ Check out the Honeycomb Project ([www.thehoneycombproject.org](http://www.thehoneycombproject.org)) and join other families in large volunteer opportunities.
- ✓ Purchase a "Grow Kindness" tshirt and post yourself doing an activity on TKC's Facebook pages to spread kindness.
- ✓ Spend time at your local park or beach cleaning up trash.
- ✓ Create "Welcome" cards for immigrants and mail or drop them at settlement organizations in your area.
- ✓ Sort through your closets for old sheets, towels and blankets and take a trip to an animal shelter to drop them for the pets waiting to be adopted.